



Parent declaration: Entering school premises following COVID-19 guidance Academic Year 2020-21

I, undersigned, confirm that my child,

Year:

(first name and surname of the child)

form/year group

1. in the last 14 days, did not show any of the following symptoms: temperature, cough, headache, feeling ill, sore throat, cold, difficulties in breathing (shortness of breath), diarrhoea; my child was well during this time.
2. in last 14 days, has not been in contact with any persons who had tested positive for SARS-CoV-2.
3. shall stay at home, should the above-mentioned signs/symptoms appear or infection with SARS-CoV-2 be confirmed in a person that shares the same household (most usually an immediate family member).

Place, date:

First name and surname of parents or legal guardians:

Signature of parents or legal guardians:
(Statement sent by email is valid as a signature)

If your child develops any of the above signs / symptoms or if a SARS-CoV-2 infection is confirmed in a person who shares the same household with the child (usually an immediate family member), the child must stay at home, with limited contact with other people. If the child is ill, call the child's chosen paediatrician or the doctor on duty for further instructions. In case of a confirmed infection in the family or other close contact with an infected person, you will receive instructions from the epidemiological services.

We recommend that the child limits contact with the elderly (e.g. grandparents) and people with associated chronic diseases or immune deficiencies, as they are more at risk for a more severe course of the disease.

Socialising with children increases the risk of infecting a child.

Basic information about COVID-19

Becoming infected with SARS-CoV-2 can cause Coronavirus disease 2019, so called COVID-19.

Incubation period (time between infection and showing symptoms) can be up to 14 days, on average approximately 6 days. Most people infected with the COVID-19 virus will experience mild to moderate respiratory illness and recover without requiring special treatment. Older people (mostly above 60 years), and those with underlying medical problems like cardiovascular disease, diabetes, chronic respiratory disease, and cancer are more likely to develop serious illness. With children, the course of the disease is usually easier, the risk of a more severe course and complications increases with the older population and with people that have associated diseases such as cardiovascular disease, lung, liver, kidney, diabetes, immune deficiencies, etc. The more severe course of the disease is characterised by pneumonia. To confirm or exclude SARS-CoV-2 infections, microbiological testing is required. SARS-CoV-2 infection occurs among humans, transmitted by droplets, with respiratory secretions. Closer contact with the patient is required for transmission (distance to the patient less than 1.5 m). Infection is also possible through contact with surfaces contaminated with respiratory secretions. For prevention, it is thus most important to keep a consistently good hand and cough hygiene.

More specific instructions can be found [here](#).